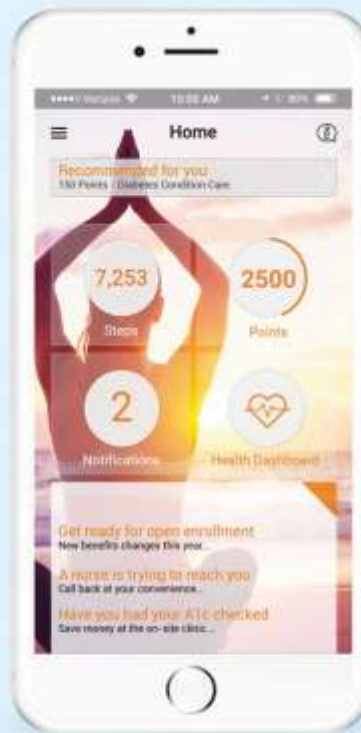


mobilehealth



GETTING STARTED

Mobile Health provides a member with a personalized navigation through today's complex health ecosystem. You receive personalized health alerts, education, and communication based on your unique needs or health profile. Mobile Health is one hub that gives you the opportunity to earn rewards, learn how to best use your healthcare plan, and easily access your important health documents such as Medical ID Cards and Plan Summaries. We help you find the best-value health services and direct you to tools and resources to make the best choices for you and your family's health.



Getting Started!

1

Download the **Mobile Health Consumer** app to your mobile device from the **App Store** or **Google Play**.



Don't have a mobile device? Access the app from your computer:

<https://www.mobilehealthconsumer.com/web/pages/login.html>

2

Open the app and select **Register Now**.



3

Enter your first and last name, the last four digits of your Social Security Number, and your birth date (e.g. 05/23/1985).

Then select **Next**.

Your first and last name must be entered exactly as it appears on your medical ID card or your employer's record – including if you have a hyphenated name. For example, enter "Robert" instead of "Bob" if this is how your name appears on HR records.



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4

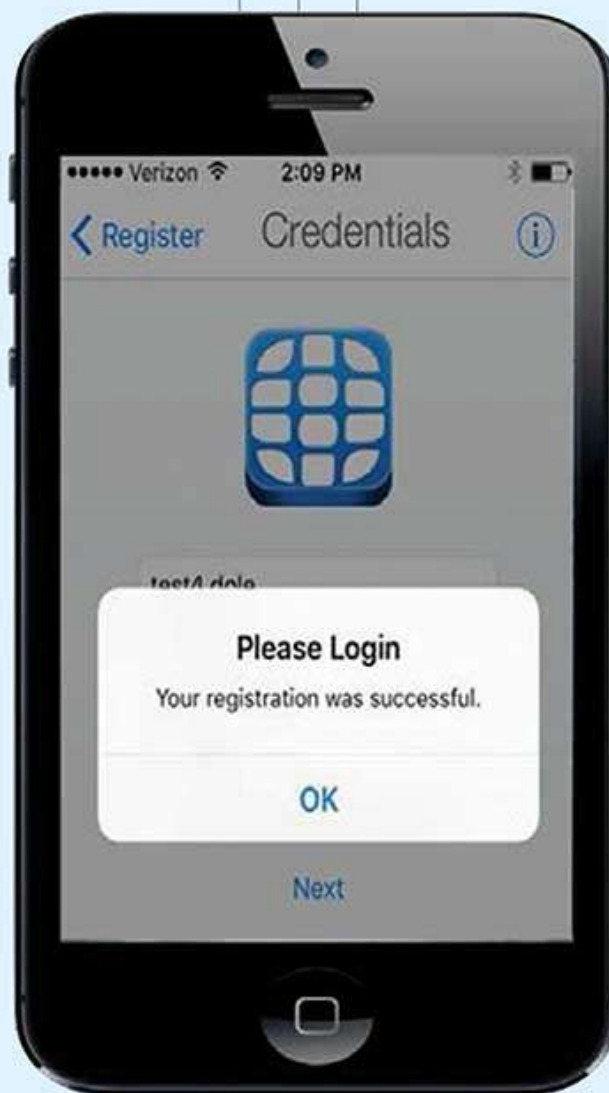
Mobile Health automatically gives you a username. You can keep this username or create your own.

5

Set your password and enter your email address. Then select **Next**.

6

You just registered! Tap **OK** and login with your username and password.



Coming January 1st

- Complete your Health Assessment (HAT)
- Receive personalized digital health coaching
- Access ID cards and plan summaries
- Track your incentives
- Check on the status of claims
- See a doctor face-to-face in minutes via LiveHealth Online
- Find a health care provider
- Keep track of your deductible and out-of-pocket costs
- Access benefits and resources

January 1st easy navigation to get you to get to all of the resources available.

